**Questions to Guide You in Learning About a Person's Culture and Creating a Food Recipe**

Remember that you are not having a regular conversation you are gathering information about your culture, holidays, cultural food dishes, utensils and cookware needed to prepare a favorite cultural dish, recipe ingredients and recipe procedures by taping the interview you will get the correct information without relying on your memory.

**Questions:**

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| What is your home of origin? Why did you/your family settle in \_\_\_\_\_? |
| What is your work? |
| How closely do you identify with and affiliate with your culture? |
| What religious or spiritual beliefs are influential in your culture and for your family? |
| Define and describe the most important (or most celebrated) holiday of your culture. |
| Identify and verify customs, beliefs, and practices that are common to your culture? |
| What in one of your favorite culture dishes? What is the most important meal of the day? |
| Do you eat foods that are indigenous to your culture? Why or why not? If you answered yes, name some of the foods that you eat. If you answered no, what types of foods do you eat? |
| What is your favorite cultural dish? What are the ingredients and procedures that one must follow to create this authentic cultural dish? |
| Is there anything else you would like others to know about your culture? |
| Thank you for sharing your culture with us. |

Supplies needed for the interview

Permission forms for your interviewee to sign  
Interview checklist

Tape recorder or video camera and tapes  
Camera and film  
Extra batteries for recorders and camera  
Journal for your notes  
Pen or pencil

Interview questions [Adapted from E. Lynch & M. Hanson (1998) Developing Cross-Cultural Competence.] retrieved from <http://www.d.umn.edu/~balbert/humandiversity/interview.html> for our use.